



*“Enhancing the quality of care by providing education, recognition, advocacy, and research in support of direct care workers.”*

**NEWS RELEASE**  
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**Governor Culver Proclaims June Iowa Caregivers Month  
Thank a Direct Care Worker Today**

*Has Your Life Been “Touched by a Caregiver?”*

Certified Nursing Assistants (CNAs), Home Care Aides (HCAs) and other direct care workers provide more than 80% of the direct hands-on care to Iowans of all ages and in a variety of care settings. Nearly all of us, or a member of our family, have at one time or another been “touched by a caregiver.”

Despite their dedication and tireless efforts on our behalf, oftentimes a direct care worker’s important contribution to quality care somehow becomes invisible to those of us who visit friends and family receiving care in nursing homes, hospitals, hospices, or their own homes.

This June, take time to recognize caregivers who have touched your life. A simple spoken “thank-you” or a brief note can make all the difference to those who care for us, our families, our friends, and our community.

For more information about what you can do to thank direct care workers or to share how your life has been “touched by a caregiver,” please check the Iowa CareGivers Association website at [www.iowacaregivers.org](http://www.iowacaregivers.org) or call 515-241-8697.

The Iowa CareGivers Association is an independent nonprofit devoted to enhancing the quality of care by providing education, recognition, advocacy, and research in support of direct care workers.

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