



Direct Care:
A CHORUS OF COMPASSION

IOWA CAREGIVERS *Annual Conference*

ONE DAY ONLY

OCTOBER 7, 2024

FFA ENRICHMENT CENTER • ANKENY, IA

A CONFERENCE FOR
**DIRECT CARE WORKERS AND
FAMILY CAREGIVERS**

Joining Caregiver Voices Together in a Chorus of Compassion to Serve the Needs of Others

SAVE THE DATE!

DIRECT CARE: A CHORUS OF COMPASSION

It is our goal to work in *harmony* to serve the needs of Iowans. The tempo of caregiving can be very quick and the *dynamics* can vary a lot, but it is important to get into a good *rhythm*. The *bar* is set high. Your participation in this conference can be *key* to rebuilding your passion and to avoiding falling *flat* from burnout. You will experience programs for self-care, professional and skill development, mental health, and networking with the *ensemble* of direct care workers and family caregivers in attendance. The day will *crescendo* in fun and motivation and send you away feeling *harmonious* and *in unison*.

THINGS TO LOOK FORWARD TO:

- Motivational Keynote Speakers
- Agenda and Sessions Tailored to Topics for Those in Direct Care and Family Caregivers
- Networking with Fellow Caregivers
- Exhibitors with Lots of Resources
- Theme-Related Fun
- Great Food
- Feel Good Atmosphere!

IN 2023:

91% *said they could use the information*

91% *rated it excellent or very good*

90% *said they would recommend the program*

87% *said they are more likely to remain in the field of direct care as a result of their participation*

Watch our website and Facebook page for more information: IowaCareGivers.org

Iowa CareGivers

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