

Enhancing the quality of care by providing education, recognition, advocacy and research in support of direct care workers.

Delivering information to those at the center of quality care

Registration is open for the Iowa CareGivers Annual Conference designed especially for you, the direct care professional.



September 23 and 24, 2013

Register Now and "Go the Distance!"

For more information, see page 6

TIME FOR YOU!

FREE Health Screenings at September Conference

For more information, see **page 7**.

IOWANS CELEBRATING 100 YEARS

To Be Honored at October Luncheon: Direct Care Escorts Needed!

See **page 10** for more details.

Bright Future for Direct Care!

Continued on **page 2** in the section "From the Director"



Maddison Coey



Molly Biklen



Congratulations to all the recent Leadership Program Graduates!

See highlights from the 2013 "A Call to Leadership" Programs on **Page 4**.

INSIDE:

- Leadership Log
- DCP Spotlight
- IPR: From the Heart
- Leadership Council Opportunities
- Health Care Reform
- Resources
- And More!

CARE ABOUT YOUR PROFESSION AND QUALITY CARE? THEN STAY INFORMED!

If you are interested in receiving information about educational programs, topics in direct care, and other opportunities, sign up **NOW** with the Iowa CareGivers. You can complete the registration form on our website at www.iowacaregivers.org. You can also register by phone or request a form at 515.223.2805 or by email at georgeanna.spagnola@iowacaregivers.org.

Bright Future for Direct Care!

It's true that we, as individuals and as a State, face challenges in finding and keeping enough people in direct care to meet the growing demand for their services. In fact, the "Care Gap" we face is dire. But for the moment, I want to dismiss the doom and gloom and focus on why I believe there is great hope for the future of direct care.

There is Molly

Molly is the 9 year old daughter of Iowa CareGivers Program Director, Pam Biklen. Molly accompanied Pam to work one day and agreed to do some volunteer work while at the office. She told her mom at the end of the day that she wanted to work at Iowa CareGivers. I immediately prepared an application for Molly to complete. Below are Molly's responses.



*Di Findley, Executive Director,
Iowa CareGivers*



*Molly Biklen,
Daughter of Iowa CareGivers
Program Director*

Di: What is your name?

Molly: Molly Biklen

Di: What town do you live in?

Molly: West Des Moines

Di: Are you old enough to work?

Molly: Totally!

Di: How much education do you have?

Molly: A Lot. I just finished 3rd grade!

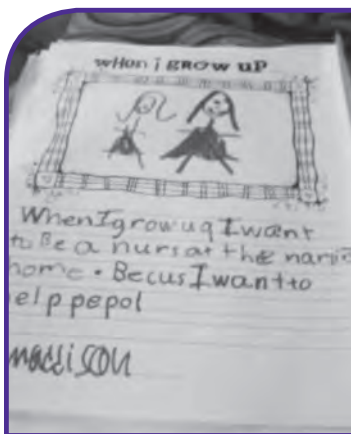
Di: Have you ever done any caregiving?

Molly: Yes, I helped my brother when he broke his hip.

Di: Why would you like to work at Iowa CareGivers?

Molly: I want to work for CareGivers because I want to be a doctor when I grow up and this job will help me learn more about health care.

We thank Molly for her interest in the Iowa CareGivers and we believe she has shown great leadership by taking the initiative to ask for a job and to complete the application. Molly's application is being kept on file at the Iowa CareGivers until she completes school.



*Picture drawn by
Maddison Coey,
Daughter of Angie Coey*

There is Angie Coey, a recent Leadership graduate. During the class, we discuss how to be role models and spokespersons for the direct care profession. We identify ways each of us can educate the general public and enhance the image of the profession. We encourage participants to share their stories for the *Hub* and other publications about the rewards and challenges of their work.

Angie shared a touching story about her daughter Maddison's recent school project. When asked what she wanted to be when she grows up, Maddison drew a picture (left) and said she wanted to be like her mom and be a nurse at the nursing home. It touched her mom's heart and it touched mine. The future of direct care is in the hands of those like Maddison and her mom, who has served as a great role model to her daughter!

("Read the Leadership Spotlight about Maddison's mom, Angie, on page 3")



There are the Ottumwa Job Corps students who attended our leadership program this spring and summer. They are smart, compassionate, and hard-working young adults with a desire to make a difference in the world. They offer a great deal of hope for the future of direct care.

THE LEADERSHIP LOG

What Have Direct Care Professional Leaders Been Up To?



Spotlight

Angie Coey

CNA, Iowa CareGivers Direct Care Professional Leadership Council

Where I work: Parkview Home, Wayland, IA.

Recent accomplishments: Graduated from "A Call to Leadership" program, and became a member of our Quality Assurance team at Parkview Home.

My favorite part of caregiving: The appreciation I get where I work from my residents, their family members, and the wonderful staff I work with for the quality of care I give. I love the family environment that I work in.

Something that I'd like to change about the caregiving profession: We have enough staff where I work, however, I believe that there should be even more Direct Care Professionals so we don't have to worry about rushing out of a room to catch a call-light. I want to be able to spend more time with our residents.

How will caregiving change in the next ten years: I imagine Direct Care Professionals will be able to provide more extensive care for their patients.

My advice to employers about what they need to do to recruit and retain direct care workers: Make sure your DCP's always work together as a team and provide the best quality of care there is for the wonderful people we provide care for. Always reward your DCP's in some way, even if it's just a thank you card for their hard work.

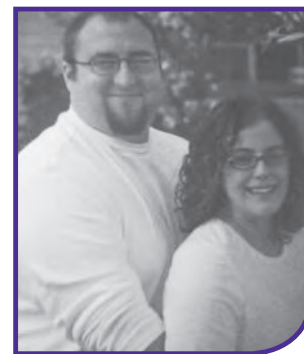
Something I'd like to accomplish: I would love to somehow ensure that every DCP will provide the highest quality of care there is for their patients.

Someone I admire: I have a few ladies that I admire. Ellie Brooks, Janice Sarchett, and Kate Benedict. These ladies make up the best team and provide the best quality of care than any other DCP's that I've ever worked with in my 11 years of experience.

Outside interests: Cooking and spending time with my family.

About my family: My incredible husband, Cody, and I have 2 beautiful little girls. Maddison is 7 and Kathleen is 4. My husband is currently in school, studying criminal justice. They are the best thing that's ever happened to me.

My favorite vacation spot: By a lake with some fishing poles and my family.



“A Call to Leadership”

“A Call to Leadership” is a one day educational program that focuses on leadership outside the workplace. The focus of the program is on professionalism and leadership within the direct care profession. Participants identify ways and receive tools to enhance the professional status and image of their profession, and develop various leadership and advocacy skills. The program is made possible by the Iowa Department of Public Health.

Congratulations to the 2013 Leadership Program Graduates!
“This program allows us to discuss issues and to learn from one another.”
– a recent leadership graduate

Deb Abraham
 Adriana Andrade
 Nicol Betten
 Kanesha Booker
 Aleisa Britt
 Shelly Brownmiller
 Sharon Buchholz
 Larry Burgess
 Kimberlee Clark
 Kelsey Clausen
 Michelle Coder
 Angie Coey
 Betty Darnell
 Emily DeWitt
 Samantha Ende
 Kayla Erdmann
 Luisa Fertig
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 Angela Getty

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 Natasha Holtzclaw
 Johanna Hougen
 Abby James
 Rhonda Johnson
 Jennifer Karma
 Tommi Karma
 Jennifer Keith
 Charlotte Kennedy
 Eric King
 Jenna Kleinwolterink
 Brittney Koster
 Julie Magorian
 James McDermott
 Angela Melcher
 Kandace Mills

Cynthia Mooney
 Bev Morris
 Joelah Oehlerich
 Lahana Olsen
 Edward Pease
 Michael Perry
 Frieda Phelps
 Laura Pluim
 Wanda Robinson
 Roxanne Rundle
 Raul Salazar
 Elizabeth Schmidt
 Vineta Shryock
 Emily Sibley
 Apollonia Smith
 Lauren St Clair
 Joan Staples
 Elaine Stevens
 Mackenzie Stevens
 Kathy Tate

Melina Tegtmeier
 Shelbie Thompson
 Kellie Thoren
 Cathi Thornburg
 Amanda Tull
 Tia Tuttle
 Laurie Van Iperen
 Debbie Van Wyk
 Jessica Van Wyk
 Tina VanderPlught
 Sheila Vollink
 Diane Vorm
 Laurie Welsch
 Andrew White
 Elizabeth Wildebour
 Mary Willaby
 Andrea Witte
 Brita Woolums
 Vicki Zerke



Coralville Leadership Program



Mt. Pleasant Leadership Program



Sheldon Leadership Program



Sheldon Leadership Program



Creston Leadership Program



Sheldon Leadership Program



Mt. Pleasant Leadership Program



Coralville Leadership Program



Creston Leadership Program

To view the full photo gallery, visit www.iowacaregivers.org.

“It was important to me that at this program we were treated as professionals.”

“Everyone has leadership qualities and we can choose to use them daily.”

Iowa CareGivers Leadership Council

by Michael Owens, Member, Iowa CareGivers Direct Care Professional Leadership Council

The Iowa CareGivers has many ways to get involved and improve yourself and your profession. Iowa CareGivers allows for opportunities for self improvement through various educational offerings. It also allows for the development and improvement of the profession through participation in the legislative process to change laws for the better.

One way I choose to be involved is through the Iowa CareGivers Leadership Council. The leadership council is a group of peers that volunteer their time to help guide the activities of the Iowa CareGivers. The leadership council also promotes our profession to the communities we live in by representing direct care professionals in a positive way and by promoting the benefits and importance of Iowa CareGivers to our peers and employers in those communities.

Leadership council members generally serve for three year terms and can serve two terms. Right now, the council is looking for new people to get involved. This is a call to all professionals who want to lend their leadership skills to a great organization and profession.

Please contact Pam at the Iowa CareGivers Office, 515.729.9729, if you are interested in becoming a member of the Direct Care Professional Leadership Council. (You may apply if you have completed the Iowa CareGivers Leadership Program.)



Michael Owens,
Iowa CareGivers Direct Care
Professional Leadership Council



(From left to right): **Emily DeWitt**, Assistant Administrator/CMA,
Debbie Van Wyk, Administrator/CMA, **Jessica Van Wyk**, CMA

Caregiving Runs in the Family

Hello, my name is Debbie Van Wyk. I have worked in the nursing field for the past 43 years. I started out by caring for my terminally ill father at the age of 14. He later died when I was 15. After that, I worked with the elderly in their homes. I later went to work at a nursing home as a CNA and then later on as a CMA.

In 1992, I switched my career a little bit and went to work at Diamond Life Health Care, Inc., which is an RCF for the mentally ill and handicapped. In 2010, I became the administrator of Diamond Life Health Care, Inc. I have three daughters who also work in the nursing field. My oldest daughter currently works at the Newton correctional facility as an LPN. Before that, she also worked at Diamond Life as a CMA. My second oldest daughter started working at Diamond Life when she was 14. She started out working as a "bed maker." She then went on to become a CNA, CMA, and now is working underneath me as the assistant administrator.

Finally my youngest daughter also works at Diamond Life as a CMA. She started in 2007 as a fill in, and then went on to get her CNA and now CMA.

We all three feel much reward to take care of the ones in need.

A Busy, Busy, Busy Year for Programs in 2014

This is the time of the year when everyone is busy planning to get back into their regular schedules, with school starting again, vacations ending, and we all try to refocus.

That is what we are doing here at Iowa CareGivers. We are planning and refocusing. Every year around this time, the staff and education consultants get together to plan for the schedule of programs and events for the upcoming year. It's looking like another busy one, with some great opportunities for all of you. Once we have more detail put to the plan, we will outline the schedule for you in the newsletter.

We are also gearing up for our big annual conference. It is right around the corner and planning continues to make this event the best yet. We hope that you will sign up to "Go the Distance" and take advantage of all the great opportunities provided at this event.

"If you want something done, ask a busy person to do it. The more things you do, the more you can do."

– Lucille Ball



Pam Biklen, Program Director

Please contact me if you have any questions related to our programs or if you would like to share ideas for programs.

***Pam Biklen, Program Director,
Iowa CareGivers
515-729-9729
pam.biklen@iowacaregivers.org***

On Your Marks, Get Set, GO!!! September 23 and 24, 2013

This year's conference theme is "Going the Distance." It takes training, conditioning, and a lot of passion to "go the distance" as an athlete. It is much the same as a direct care professional. Training, education, experience, and passion all make you successful at providing quality care to the individuals you serve.



From the Conference Planning Committee Chair, Kim Hanson

People amaze me. The things that we are able to accomplish with a little mind over matter is astonishing. Case in point: Direct Care Professionals! I am in awe of you. When I talk to a direct care professional, I see the passion for the occupation eeking out of every word they say. As we selected the theme of "Going the Distance" for the conference, it was startling to me the similarities between a marathon runner and a direct care professional. We have "set a course" for you at this conference to celebrate your commitment, dedication and perseverance.

When I look at the lineup of workshops and keynote speakers for the conference I feel energized and excited. There are opportunities to make you both physically and mentally stronger. We want you to make this conference your go-to-event to recharge your professional development plan! Choose a course that meets your needs. Learn about health and wellness; setting boundaries in the workplace; conflict resolution and much more. Your career is not easy and you face daily challenges. Use the conference as an opportunity to pay attention to your body and refill your cup!

There's a word for a marathoner who never gives up... finisher. And as I think of Direct Care Professionals, I think this applies to you as well. Enjoy "Going the distance"...

Conference Location:

**The Meadows Events and Conference Center —
Prairie Meadows
1 Prairie Meadows Drive, Altoona, IA 50009
515.967.1000**

Download the full agenda at:

www.iowacaregivers.org or call 515.223.2805 for a copy.

Register online at our website:

www.iowacaregivers.org or by mail to: Iowa CareGivers, 1231 8th Street, Suite 236, West Des Moines, IA 50265.

September 23 and 24, 2013

Thanks to SPONSORS for helping us “Go the Distance.” This event would not be possible without the generous financial support of sponsors like those listed below. Thanks!



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 Iowa Insurance Division
 Northwest Area Foundation

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 Family Caregiver Program
 Deanna Lehl
 Mercy Medical Center — Des Moines
 Debi Meyers
 Northcrest Community, Ames
 Linda and Bruce Simonton
 Paul and Jennifer Storbeck

**Make sure you register soon!
 Call the hotel to book your room
 before September 6 to get the special
 conference room rates! 515.957.3000**

TAKE TIME FOR YOU!

Free Health and Oral Care Screenings While at Conference!
 Screenings begin at 6:30 a.m. each day.

As those who work in direct care, you often put the care needs of others before your own. But, a healthy **YOU** is vital to the welfare of those who depend upon you. Thanks to Des Moines University Physician Assistant Program, Polk County Health, Iowa Dental Hygienists' Association and others, you will have the opportunity to participate in a variety of health and oral care screenings. But, not only that, there will be a lot of great resource information to aid you in caring for and supporting your clients. So, check it out when you arrive at conference.

Coming to a Theater Near You – A Blockbuster Called “Health Care Reform!” by John Hale

OK, it may not be as exciting as some other summer blockbusters, but health care reform is coming ... and it's something you need to be aware of and pay attention to!

If anyone reading this has no health insurance, or has a health insurance plan that they don't like (because it costs too much or pays too little), health care reform may help you.

“Health care reform” is the way we describe new health insurance options that will be available to you later this year. It is a result of a federal law called the **Affordable Care Act**, passed by Congress and signed into law by President Obama in March of 2010. This is the law that you may hear being referred to as “Obamacare.”

Health care reform also includes new **state** laws designed to provide more choices that lead to better health. You'll be hearing terms like the **Iowa Health and Wellness Plan** — a program designed to do away with the Iowa Care program and give lower income Iowans access to better health care coverage at less cost, and that encourages Iowans to adopt healthy behaviors.

The laws were designed to make good and affordable health care plans available to more Americans. It will do so by giving people more choices in health care plans, available via a marketplace called a “health care exchange.”

Think of the marketplace as a store you contact to buy something online or via phone. In this case, the store is a place you contact to buy health insurance. The store will offer you choices to pick from. And like any product you buy, you'll need to be prepared with the information you need.

If you buy a pair of pants from a store, you want to make sure that you buy something that fits you, meets your needs, and that you can afford. It's the same with health insurance.

When you look at your health insurance options, you'll want to think through what you need, and what you can afford. And like lots of things you buy, you'll possibly need help from a customer service representative.

If I said that this would be something easy to understand and easy to do, I'd be lying to you. The reality is that health insurance is kind of like the tax code — it wasn't designed to be simple.

But you won't be on your own to figure this all out. Iowa is making preparations to get the new “exchange” up and running in 2013, and to identify who all the people and organizations in Iowa will be that will be trained to help you sort all this out.

The important point to keep in mind is this — the new laws are a good thing.



John Hale, Public Policy and Development Consultant

They will be of great help to many. They will give thousands of Iowans, and thousands of direct care workers, more access to services. They will greatly reduce the number of people, like direct care workers, who are uninsured. The end result will be more people and more families leading healthier lives!

The Iowa CareGivers, and many other organizations in Iowa, will serve as a trusted source of information on the new options available. We want to make sure you understand what you need to do, how, when and where. While we won't be offering you “advice” on what to do, we will be helping to share helpful information with you and referring you to people that have been properly trained to offer more in-depth assistance.

As an example of our intent to help, we've arranged for Iowa Insurance Commissioner Nick Gerhart to speak at the upcoming Iowa CareGivers educational conference in September. He'll be talking about what Iowa is doing to prepare, and what you need to know. Nick is someone who knows what he's talking about, who's working awfully hard to make these new laws successful, and who cares about the people these laws are intended to help. Hope to see you there!!

Between now and the end of the year, please be looking for information about the new laws in your local paper, at your local library, on television and radio, in various periodicals and online. The CareGivers website will be a source of information, as will special e-mail messages that we'll be sending, and future additions of the HUB.

WE WANT YOU TO BE INFORMED!

We want you to take action. We want your lives to be better as a result of having better health care coverage and options. And we'll do what we can to help!



FROM THE *Heart*

Iowa Public Radio Receives “From the Heart Recognition”

Iowa Public Radio received the Iowa CareGivers “From the Heart” recognition for their recent series, “Being a Caregiver in Iowa.” Receiving on behalf of IPR was Rob Dillard, who covered the in-depth interviews with those who work in direct care, the father of a child with autism, a hospice nurse, the Alzheimer’s Association and others. “Being a Caregiver in Iowa” series, along with the accompanying “River to River” program, greatly enhanced the public’s understanding of the challenges facing Iowans who need care and services, and those who provide them,” said Maribel Slinde, Iowa CareGivers Board Chair.

Listen to the “Being a Caregiver in Iowa” series

Visiting http://iowacaregivers.org/programs_and_events/from_the_heart.php. You can also view the full photo gallery from this event!



(Left to Right): Katherine Perkins, Executive Producer for Talk Shows, Sarah Boden, IPR Talk Show Producer, Rob Dillard, IPR Correspondent, and Kelly Edmister, IPR Interim Executive Director



(Front Row Left to Right): Nancy Anderson, Charlotte Nelson, John Hale, all from Iowa CareGivers (IC), Rob Dillard, IPR Correspondent, Maribel Slinde, IC Board Chair, Kay Runge, Chair, IPR Board, and Carol Siple, and Melissa Kramer, both from the Alzheimer’s Association. (Back Row Left to Right): Lin Salasberry and Kim Downs, IC.

“I received more response from listeners to “The Being a Caregiver in Iowa” series than I’ve ever received from any story.”

Rob Dillard, Iowa Public Radio

Financial Stress *Kathy Krogmeier, CEBS, CRC, CRA*

When is the last time you had a checkup for your financial health? Money is considered the number one source of stress for American workers (Source: *Research Works: Partnerships for Workplace Mental Health report*). and we all know that stress can do some really nasty things to our bodies.

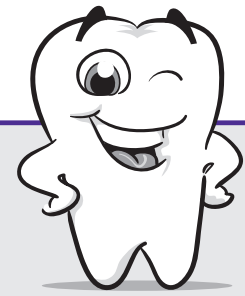
What can you do to help alleviate some of your financial stress? Here are a few ideas:

- **Where are you spending your money?** Try keeping track of where you spend every penny for one month. The results can be eye opening.
- **Reassess needs and wants.** What are your financial priorities? Are you spending or saving your money according to those priorities?
- **Pay your bills on time.** Make them one of your priorities to avoid late fees and penalties.
- **Take a look at your credit cards.** Consider paring them down to one or two. Too many can harm your credit score and your credit score can impact your ability to get a loan and may determine what interest rate you pay.
- **Save for retirement** — Join your organization’s retirement plan or set up an IRA. If you haven’t already started, start now! If you have started, consider bumping up your contribution.

By taking a serious look at where your finances are today and making a few adjustments, you may be able to reduce your financial stress and put yourself on track for a healthier financial future.

Kathy is a Wellness Events Coordinator with Legacy Financial Group in Urbandale. She served for 15 years on the steering committee for the Governor’s Conference on Aging and currently serves on the board of directors for Luther Care Services and the community advisory board for Wesley at Home.

Securities offered through LPL Financial, Member FINRA/SIPC. Financial planning offered through Legacy Financial Group, a Registered Investment Advisor and separate entity from LPL Financial.



Smile Iowa — FREE DENTAL CARE!

Iowa Mission of Mercy | October 18-19, 2013

Varied Industries Building | Iowa State Fairgrounds, Des Moines, IA

This two-day program offers free dental care to those in need. You can volunteer or you can wait in line to receive free dental treatment (cleanings, fillings, root canals, extractions, etc.) The wait may be long, but those in line will be seen. This program usually sees 2000 patients and contributes around \$1 million in free dentistry.

Iowans Celebrating 100 Years to be Honored at October 14th Luncheon: Direct Care Escorts Needed!

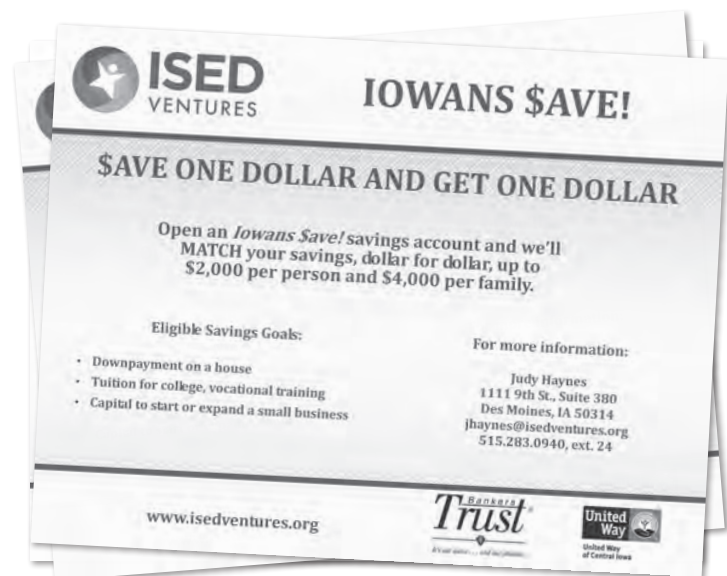
Iowans who have reached the 100 year old milestone will be honored at a luncheon during the Iowa Department on Aging's "Prospects for Independent Living" Conference. The event is being held October 14-15, 2013 at the Scheman Building in Ames at the ISU campus!

A few who work in direct care will be selected to serve as escorts to the Centenarians and their families during the luncheon on **October 14th. If you are interested in being an escort**, please contact the Iowa CareGivers office at 515-223-2805.

Increase in State Earned Income Tax Credit May Benefit You!

Mike Tramontina — President, ISED Ventures

Next year, Iowa's State Earned Income Tax Credit will be 14% of federal, up from 7% this year. In 2014 it goes up to 15%. The Iowa Fiscal Partnership estimated this could put \$350 more, depending on family size and earnings, in the hands of low-and moderate income families. Over 500,000 working Iowans will benefit, including more than 266,000 children.



To be eligible, the applicant must be a resident of Polk, Dallas or Warren Counties, must have earned income and must be a low income person.

Major Change in CDAC Program

Consumer-directed attendant care — transition from individual providers to agency providers or consumer choice option, 77.30(7), 77.33(15), 77.34(8), 77.37(21), 77.39(24), 77.41(2) Notice ARC 0888C. These proposed amendments are being implemented as part of the Department's cost-savings and cost containment strategy. These changes will transition the provision of service provided by individual providers of personal care under the consumer-directed attendant care (CDAC) option to agency-provided personal care services and will retain the consumer choice option for those individuals able and desiring to self-direct services.

The Department intends to eliminate individual CDAC providers from the list of enrolled Medicaid providers effective July 1, 2014. Members will have the option to use an enrolled agency provider of CDAC to meet their personal care services needs or to use the consumer choice option (CCO) to self-direct services. Starting October 1, 2013, all annual service plans developed and authorized shall not include individual CDAC provider services. Members will be required to transition to use either an enrolled CDAC agency or CCO. All members using individual CDAC providers will be transitioned to use an agency CDAC provider or CCO by July 1, 2014.

Show Your Support For Those Who Provide Direct Care

The Iowa CareGivers provides high quality programs, resources, research, and advocacy designed to help ensure that the needs of those who provide most of the direct care and support in our state are addressed. Without this vital workforce, the needs of Iowans cannot be met and that is a major concern given the increasing demand for their services. As a 501 (c)(3) nonprofit, we rely on various sources of financial support that include private and corporate foundation grants, individual contributions, public funding, fees for service, and sponsorships.

You can help ensure that the direct care workforce receives the education and support they need to be there when and where they are needed most! Consider a contribution to the Iowa CareGivers.

A Heartfelt thank you to all of the following for your generous support and special contributions.

In Memory

Jacob Addison Swearngin
Di Findley

Juanita E. Buck
Nancy Anderson

Jimmy T. Stevens
Di Findley

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Des Moines Area Community College (DMACC)
Iowa Hospital Association
Lifespace Communities, Inc.
Unity Point Health-Des Moines

Partners & Donors Contributing Up to \$999

Tom Carpenter
Deanna Lehl
Mercy Medical Center — Des Moines
Reuben R. Tichy

Listed are contributions from the period 5/18/13 to 8/8/13

Board

Iowa CareGivers Board of Directors 2013 Meetings

All meetings will be held at the Iowa CareGivers Office Conference Room, unless noted otherwise.

Executive Committee Meeting	September 25, 2013
Board Meeting/Annual Meeting	October 28, 2013

Resources

Learn More About Earned Income Tax Credit

Look for an updated Earned Income Tax Credit toolkit on our website www.iowacaregivers.org towards the end of the year

Iowa CareGivers Board of Directors 2013

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Please Consider a Gift to the Iowa CareGivers

Show your support for the work we do on behalf of aging Iowans, Iowans with disabilities, their families, and the paid direct caregivers that support them. Your contribution will support **1)** high quality educational programs that increase the knowledge and skills of paid direct caregivers; and **2)** advocacy that impacts policies that **a)** ensure the safety and well-being of you and your loved ones and **b)** encourage Iowans to become paid direct caregivers and make it a career.

Here's how you can help:

Make a financial contribution.

YES I WILL. Make checks payable to Iowa CareGivers or contribute online at www.iowacaregivers.org

Amount of Contribution \$ _____

YES I WILL. Please contact me about considering a larger gift in my will or estate plan.

My contribution is: In Honor of In Memory of
Full name of Honoree or Memorial:

Mailing Address of Honoree or Family of Memorial:

Name _____

Complete Home Mailing Address

City, State, Zip _____

County _____

Phone (home) _____ Phone (work) _____

Phone (cell) _____

Email Address _____

(Emails are not shared with others.)

Please keep my contribution anonymous.

Your contribution may be tax deductible as prescribed by law. Donors will be listed in the Iowa CareGivers Annual Report unless otherwise instructed.

Please remember to update us if you have any name or contact information changes, so that you can continue to receive the Iowa CareGivers HUB and other program announcements. Thank you.

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