

IOWA CareGivers

The Go-To Place

FOR THOSE IN DIRECT CARE TO BE:

EMPOWERED | PREPARED | CONNECTED | INFORMED | INSPIRED

WHAT'S SO *special* ABOUT IOWA CAREGIVERS?

IOWA CAREGIVERS (IC) began in 1992 in the basement of a former nurse aide. IC is a nonprofit, nonpartisan organization devoted to sharing the independent voice of those in direct care. We strive to elevate the direct care workforce through programs and advocacy that will result in society placing a higher value on those who provide direct care; increase wages, and education and training that is consistent with a permanent record and credentials or certifications that follow you from one workplace setting or population served to another.



“WE’VE GOT YOUR BACKS
AND YOUR BEST INTERESTS *at heart!*”

WHO WE *Serve*

Iowa CareGivers exists to support those on the front lines of care who provide most of the hands-on care and support to lowans of all ages and abilities.

- Home Care or Health Aides
- Patient Care Technicians
- Hospice Aides
- Certified Nursing Assistants (CNA)
- Adult Day Center Workers
- Personal Care Assistants
- Direct Support Professionals
- Resident Assistants
- Medication Aides and Medication Managers
- Universal Workers
- Consumer Directed Attendant Care Providers
- Nonmedical Senior Companions or Caregivers
- Family caregivers also benefit from our programs and advocacy



Yes,

I want to join my fellow direct care workers (DCWs) to stay informed on issues that affect me and our profession, and ensure our voices are heard!

Full Name _____

Title _____

Home Address _____

City _____

State _____ Zip _____

County you live in _____

Mobile or Preferred Phone _____

Email address _____

How do you wish to receive communications?

- US Mail Email Text

MAIL TO: Iowa CareGivers
939 Office Park Road #332
West Des Moines, Iowa 50265

Why GET INVOLVED:

- Statewide and regional theme-based educational conferences.
- Virtual or in-person program opportunities for Personal and Professional growth and enrichment through education and Peer networking (3 Ps in a Pod).
- Peer networking and support.
- Newsletters with stories about, for, and by those in direct care.
- What's Up e-newsletters provide up-to-date information and resources on topics that directly impact you and those you serve.
- Website tailored to your interests.
- Leadership tools to educate the public, elected officials, and others about the vital role those in direct care play in the care and support of lowans and the economic impact on rural and urban communities.
- Opportunities to influence public policies that enhance job quality and care quality.
- Self-care programs and free health screenings.
- Recognition of direct care as an important career choice or a pathway to another health profession.
- Opportunities to volunteer.

"They (IC) are here for us. Not very many other organizations that I know of really understand and respect the work that we do as individuals."

– *Connie Cochran, Direct Care Worker*

OUR *Mission*

To enhance the care and support of lowans by providing education, research, recognition, and advocacy for those who provide direct care.

IOWA *CareGivers*

939 Office Park Road #332
West Des Moines, Iowa 50265 • 515.223.2805

The go-to place for those in direct care



IowaCareGivers.org