Iowa CareGivers Programs and Services:

- Are designed specifically for those in direct care and are useful to those in family caregiving
- Provide opportunities to grow both professionally and personally
- Strengthen education and caregiving skills
- Inspire motivation and re-energize your caregiving spirit
- Recognize and appreciate your work and dedication to providing care to those in need
- Encourage networking with others in direct care and family caregiving
- Furnish a fun and relaxed learning environment

Annual Educational and Networking Conference
- Statewide two-day event
- Fun-filled and theme based
- Offering over 20 different educational topics
- Opportunities to network
- Wide range of resources through exhibits
- Free health and oral care screenings
- Renew your passion
- Get motivated
- Feel appreciated
- Save the Date: September 9 and 10, 2019
- Learn more: https://bit.ly/2wvt6qO

Mouth Care Matters
- 8-hour class for direct care staff
- Suitable for most health and long term service staff (including licensed nurses)
- Family caregivers can also benefit
- Specialty training in oral care
- Classroom instruction and hands-on practice
- Taught by certified MCM instructors
- Learn to identify common oral health problems
- Learn basic oral care and various approaches
- Learn how oral care impacts one's overall health
- Iowa CareGivers'-issued certificate
- To learn more: https://bit.ly/2kDxndV

A Call to Leadership
- Has been a one-day educational program
- Currently developing one-hour modules on various aspects of leadership
- Encourages thinking about leadership outside of the workplace
- Helps identify natural gifts of participants and how each person is a leader in their own right
- Assess personality styles and how those impact effective communication
- Encourages setting goals for leadership behaviors
- Offers guidance on how to become a spokesperson and role model for the profession of direct care
- Learn more: https://bit.ly/2wrFkbV

Hub Newsletter
- Informative newsletter designed for those in direct care
- Learn about Iowa CareGivers’ programs and services
- Keeps you up-to-date on what’s happening in direct care
- Includes photos and articles written by or about those in direct care
- Hard copy and electronic versions available
- Sign up: https://bit.ly/2LuAcaV

What’s Up at Iowa CareGivers
- ENews and Postcards to keep you updated on what is going on in direct care and at Iowa CareGivers
To learn more about any of our programs and services:

- Visit www.iowacaregivers.org for updated program schedules and online registration
- Watch for a separate brochure for each of the programs closer to the scheduled event
- Call or email, Pam Biklen, Program Director at 515.729.9729 or information@iowacaregivers.org

Our mission: Enhancing the quality of care by providing education, recognition, advocacy, and research in support of those who work in the field of direct care.