



WHY MOUTH CARE MATTERS!

For Central Iowa Works Grant
Providers in Polk, Dallas, and Warren Counties

HEALTHY MOUTH = HEALTHY LIFE

Join us for a One-Hour Oral Health In-service:

- Learn how oral care impact's one's overall health.
- Discuss infection control in providing oral care during the time of COVID-19 and the importance of Personal Protective Equipment (PPE).
- Gain knowledge about common oral health conditions and diseases.
- Learn examples of skills/strategies to deliver oral care in challenging situations.

AUDIENCE (These in-services are available to health care employers in Polk, Dallas, and Warren counties.)

Anyone can attend, including: Home Care Aide, Resident Assistant, CAREgiver, Care Companion, CNA, Licensed Nurses, Dietitian, Dietary Aide, Social Worker, Case Manager, Staff Scheduler, Activity Director or Coordinator, Therapists (physical, occupational, speech, respiratory, etc.), Supervisor, Administrator

REGISTRATION (There is No Registration Fee.)

Please register for **ONE** of the following DATES and TIMES using the links listed:

Tuesday, September 22 at **10:00 a.m.** | <https://bit.ly/2P5MoTM>

Tuesday, September 22 at **3:00 p.m.** | <https://bit.ly/2CPbfJg>

Thursday, October 8 at **8:30 a.m.** | <https://bit.ly/2P2WqVN>

Thursday, October 8 at **3:00 p.m.** | <https://bit.ly/3ffH2QN>

INSTRUCTOR

Robin McNeil, BS, RDH, Certified Mouth Care Matters Instructor, Clinical Dental Hygienist for the Geriatric and Special Needs Clinic, University of Iowa College of Dentistry.

QUESTIONS

Mary Ann Young, Iowa CareGivers
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Mouth Care Matters (MCM) was originally designed for home care, hospice, and nurse aides; personal assistants; patient care technicians; and direct support professionals, but the program is also suitable for other health and long term service and support (LTSS) staff including licensed nurses. Taught by dental hygienists who are certified instructors, the program offers practical hands-on skills on how to provide the best oral care possible for lowans of all ages and abilities. One of the greatest take-aways by participants is "a greater understanding about the link between a healthy mouth and one's overall health and well-being."



These Mouth Care Matters in-services are made possible by Central Iowa Works and in-kind contributions from University of Iowa College of Dentistry.



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