If you’re an older Iowan, you’re not a priority

John Kuh, A Better Iowa contributor

There’s no doubt that the future of Iowa is at stake. The state’s aging population is a serious issue that affects nearly every aspect of our society. As the Baby Boom generation ages, more people are reaching retirement age, and this trend is expected to continue for several decades. The impact of this aging population is significant, and it is essential that we address the needs of older Iowans to ensure a better future for all.

In recent years, there has been a growing awareness of the importance of aging issues in Iowa. The state has taken steps to address the needs of older Iowans, but more needs to be done. There is a need for greater funding for programs and services that support older Iowans, and there is a need for increased awareness and understanding of aging issues.

Many of the challenges facing older Iowans are related to the lack of access to healthcare, nutrition, and transportation. For example, many older Iowans struggle to afford the cost of prescription drugs, and many lack access to healthy food options. Additionally, many older Iowans have limited transportation options, which can make it difficult to get to medical appointments and other essential services.

There are several strategies that can be implemented to address these issues. First, there needs to be greater investment in programs and services that support older Iowans. This could include providing more funding for programs that provide meals to seniors, improving access to transportation options, and increasing funding for healthcare programs.

Second, there needs to be increased awareness and understanding of aging issues. This could include education and outreach programs that help older Iowans understand their rights and options, and that encourage them to seek out the support they need.

Finally, there needs to be a greater focus on long-term planning. This could include developing policies and programs that address the needs of older Iowans, and that take a long-term approach to addressing aging issues.

In conclusion, addressing aging issues is critical to the future of Iowa. We need to work together to ensure that older Iowans have the support they need to live healthy, active lives. This will require greater investment, increased awareness, and long-term planning, but it is essential if we want to create a better future for all.

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